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cyberseniors

ACTIVE AGEING
THROUGH ICT
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 SYNTHESIS
CENTER FOR RESEARCH AND EDUCATION

 Age &
Opportunity

Cyberseniors: Active Ageing through ICT in Europe

"Cyberseniors: Active Ageing through ICT", is an initiative co-founded by the European Commission under the Erasmus + Program. A partnership coordinated by Fundación Cibervoluntarios (Spain) with 4 more partners: Age & Opportunity (Ireland), Vienna Association of Education Volunteers (Austria), SYNTHESIS (Cyprus) and ANFMR (Romania). The main objective of Cyberseniors is to train people over 55 at risk of socio-digital exclusion in general, and in rural areas in particular, in the use of ICT tools that help them perform daily tasks in different areas: leisure, health, online banking, virtual communication, public administrations, etc., and how to use them safely.



Main goals of the program

- To provide continuous mixed learning to people over 55 on the use of useful ICT tools
- To fight loneliness and social exclusion of older people, especially those who reside in rural areas, highlighting the gender perspective.
- To raise awareness among older people about the safe use of the internet and digital applications.
- To create an innovative online multilingual training platform with open educational resources with pilot training activities in partner countries.

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